



NEW FOREST REGION  
NEWSLETTER AUGUST 2024

Dear Member(s),

Our 40<sup>th</sup> Anniversary Run will take place on Sunday 1<sup>st</sup> September, meeting at 09.30 hours at Exbury Club. The Club will be open for Coffee, Tea and Breakfast Rolls, and the usual facilities. We shall depart at around 10.00 hours for the run. You will as usual require a co-pilot/navigator for this event.

We are having three different flavour cakes made to celebrate our 40<sup>th</sup> Anniversary along with a BBQ upon our return to Exbury Club. Those that require a special diet can be catered for with Gluten Free Buns and Vegan Burgers.

It is most **IMPORTANT** that you contact me with numbers that are attending either the Run or BBQ or both. If you wish to be included in the BBQ please indicate the exact number of persons that will be attending and if you have any special dietary requirements so that I can arrange the catering with Exbury Club Staff. The absolute deadline to be included in the BBQ is **Friday 16<sup>th</sup> August**.

Please contact me on [rick@newforestjec.org.uk](mailto:rick@newforestjec.org.uk) or 07956 931119. Let us make this a day to remember.

Kind regards

Rick